

**Scroll Down for 3.15 Pitching Rules**

### 3.14 Age Qualifications

3.14.1 The Age Matrix below stipulates the League Age requirements for athletes participating in SABL Grades.

**2021/22 Baseball SA Age Matrix**  
Find your birth month and scroll down to your birth year - your **League Age** will be displayed on the far right along with the grade you are eligible to play in.

SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	League Age	SABL Grades you are eligible to play
2017	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	4	Tball
2016	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	5	Tball
2015	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	6	Tball
2014	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	7	Pee Wee League, Minor League
2013	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	8	Pee Wee League, Minor League
2012	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	9	Minor League, Little League
2011	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	10	Minor League, Little League
2010	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	11	Little League, Intermediate League, Junior League
2009	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	12	Little League, Intermediate League, Junior League
2008	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	13	Intermediate League, Junior League, Senior League, Women's D2
2007	2007	2007	2007	2008	2008	2008	2008	2008	2008	2008	2008	14	Junior League, Senior League, Women's D2
2006	2006	2006	2006	2007	2007	2007	2007	2007	2007	2007	2007	15	Senior League, Big League, All SABL Senior Divisions
2005	2005	2005	2005	2006	2006	2006	2006	2006	2006	2006	2006	16	Senior League, Big League, All SABL Senior Divisions
2004	2004	2004	2004	2005	2005	2005	2005	2005	2005	2005	2005	17	Big League, All SABL Senior Divisions
2003	2003	2003	2003	2004	2004	2004	2004	2004	2004	2004	2004	18	Big League, All SABL Senior Divisions
2002	2002	2002	2002	2003	2003	2003	2003	2003	2003	2003	2003	19	All SABL Senior Divisions
2001	2001	2001	2001	2002	2002	2002	2002	2002	2002	2002	2002	20	ALL SABL Senior Divisions

If your birth year is Red you are eligible to tryout for SA U16 State team  
If your birth year is Blue you are eligible to tryout for SA U18 State team

3.14.2 To be eligible to qualify for a Charter Team a player must play in at least sixty percent (60%) of the Minor Round games (cancelled games are not included in the final count) of the Baseball SA competition. All Charter Rules, Regulations and Policies are listed in the Little League International Rule Book. You can find these online here: [Little League International Rules](#)

3.14.3 Junior players must not play in a League lower than that of their age unless a Permit has been granted by the Permits Committee. Refer to Permit Rules for exemptions. Refer to the Age Matrix for Junior player grade qualifications.

3.14.3.1 Selected Charter players and selected State Junior players must participate in the club's Division One team of the player's age group if the player's club has a Division One team in that age group.

**PENALTY: a club in breach of Rule 3.13.3.1 will forfeit the lower League game or games in which the offending player took part, 7-0.**

3.14.4 Only League Age 15 and above junior players are permitted to play in Senior Division 1 and below. Only League Age 15 and above female athletes are permitted to play in Women's League Division 1. Only League Age 13 and above female athletes are permitted to play in Women's League Division 2 and below.

### 3.15 Pitching Rules

3.15.1 Pitch limits and days rest are implemented to avoid overuse of the arm and ultimately to prevent injury. Senior and Junior players alike need to track and limit their pitching. Limits and days rest are extremely important in younger players because growing bones and joints are more susceptible to injury. Senior (League Age 19 and above) and Junior (League Age 9 to 18) pitch limits and days rest are listed in the Table on Page 13.

- 
- 3.15.2 Pitch limits are related to a player's League Age, not the Grade to which they are playing.
- 3.15.3 The official count must always come from the scorer's scorebook.
- 3.15.4 The scorer may alert the umpire or coaches if a player is coming to the end of their pitch count to avoid any breach of the pitch count limit rule and to prevent excess pitches that may help with prevention of arm injury.
- 3.15.5 A pitcher reaching their maximum number of pitches in an assignment may complete the batter before being removed from the mound.
- 3.15.6 A balk pitch delivered to the plate whether it is hit safely or not shall be considered to be valid for the purpose of recording the number of pitches in Junior grades (Intermediate, Junior, Senior & Big League), however a balk pitch of any type in Senior and Women's grades, whether it is delivered to the plate or not, shall not be recorded in the number of pitches. An intentional walk, where pitches are not thrown, will not count towards a pitcher's pitch count in Junior, Women's or Senior grades.
- 3.15.7 Minor, Little, Intermediate, Junior, Senior and Big League players, all Women's League players and Senior Division 3 and below players, once removed as a pitcher (see Mound Visits Rule), may not pitch again in the same game but may stay in the game as a position player except as catcher.
- 3.15.8 A Little, Intermediate, Junior, Senior and Big League catcher shall not pitch and a Little, Intermediate, Junior, Senior and Big League pitcher shall not catch in the same calendar day.
- 3.15.9 A Junior player shall not pitch in two games on the same calendar day.
- 3.15.10 Minor Round pitch count regulations apply in finals, however, for Senior Division One three game finals series, a pitcher may pitch a maximum of 150 in total over the series.
- 3.15.11 Exceptions to the pitch count table are:
- a. League Age 9 & 10 pitchers must pitch either a maximum of 40 pitches or for 6 outs.
  - b. Athletes participating in Women's League Division 2 or lower may pitch 85 pitches or for 9 outs, whichever comes first.
- 3.15.12 A Temporary Recruit may only pitch in one game of a double-header and in only one game of a three game Finals series.

**PENALTY:** do not stop the game if a breach is alleged, play the game out and enter a protest. If a breach is verified, a forfeit will be recorded against the offending team, this includes Minor Rounds and finals games; Senior Grades 9-0, Junior grades 7-0.

- 3.15.13 Baseball SA currently does not allow under age Pee Wee League players of League Age 7 or 8, playing higher in a Minor League Grade, to pitch without prior application to Baseball SA.