

## Baseball SA Pitch Count Rules

PRIMARY GRADE	League Age	Daily Maximum	Required Rest Days				
			0 Days	1 Day	2 Days	3 Days	4 Days
Minors	9 & 10	<b>40</b>	1 - 20	21 - 35	35 - 40	-	-
Little League	11 & 12	<b>65</b>	1 - 20	21 - 35	36 - 50	51+	-
Intermediate League	12 & 13	<b>75</b>	1 - 20	21 - 35	36 - 50	51 - 65	66+
Junior League	13 & 14	<b>85</b>	1 - 20	21 - 35	36 - 50	51 - 65	66+
Senior League	15 & 16	<b>95</b>	1 - 30	31 - 45	46 - 60	61 - 75	76+
Big League	17 & 18	<b>95</b>	1 - 30	31 - 45	46 - 60	61 - 75	76+
Women's Div 2 & Below	13 & above	<b>85</b>	1 - 20	21 - 35	36 - 50	51 - 65	66+
Women's League Div 1	15 - 18	<b>95</b>	1 - 30	31 - 45	46 - 60	61 - 75	76+
Women's League Div 1	19 & above	<b>95</b>	1 - 60	-	61+	-	-
State League Divisions	19 & above	105 until Dec 31 - 125 from Jan 1	1 - 60	-	61 - 80	81 - 105	106+
State League Divisions	19 & above	<b>Weekly Maximum</b>	<b>135</b>				